

# The Standard®

The Standard Life Insurance Company of New York 800.426.4332 Tel 800.378.8361 Fax PO Box 5031 White Plains NY 10602

# Long Term Disability Benefits Claim Packet Instructions

#### PLEASE READ CAREFULLY

Your application for benefits consists of four forms. Every space on these forms should be filled in to avoid delay in processing your application. If a section does not apply, or information is not available, "NA" should be written in the space so that we know you did not overlook that particular question. If a form is received incomplete, it may be returned for completion.

The four forms are:

#### 1. The Employee's Statement

- Answer every question completely. Be sure to use the appropriate section for injury, sickness or pregnancy. If a question does not apply to you write "NA".
- Use an additional page, if necessary, to give full and complete answers.
- Attach copies of any Social Security, Public Employees Retirement System, Workers' Compensation or other benefit determinations you have received. If you have applied for any other benefits but have not yet received them, please send a copy of the application receipt. This information is needed to accurately calculate your monthly benefits. If you are unable to make copies of these documents please send the originals. We will photocopy and return them to you promptly.
- Remember to sign and date your statement. An unsigned or undated statement will be returned to you.

# 2. The Authorization to Obtain Information The Authorization to Obtain Psychotherapy Notes

• Please sign and date the Authorization to Obtain Information and attach it to the Employee's Statement. Your signature lets The Standard Life Insurance Company of New York (The Standard) get the information about you that we need to determine your eligibility for benefits. The Authorization to Obtain Information also lets The Standard release this information to specific persons.

If you have seen or been treated by a Psychiatrist, Psychotherapist, Psychologist, Clinical Social Worker (MSW, MCSW, etc.), or any other provider of treatment for a mental condition, please sign and return the Authorization to Obtain Information *and* the Authorization to Obtain Psychotherapy Notes.

You will receive copies of these Authorizations upon your request.

#### 3. The Attending Physician's Statement

- **Part A** should be completed by you.
- Part B should be completed by your physician. If you have seen more than one physician for your disability, a statement should be completed by each physician. (You may request additional forms from your employer.) Your physician(s) should mail the completed form directly to The Standard.

#### 4. The Employer's Statement

• This form should be completed by your employer, who will mail it to The Standard.

You are responsible for making sure all required forms are completed and returned to our office. If you have any questions, our office is here to help you.

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## Long Term Disability Benefits Employee's Statement

Please type or print. Form may be returned for unanswered questions.

1. CLAIMANT	
Full Name:	Social Security No.:
Address: City:	State: Zip Code:
Phone No.: ()	-
Birthdate:	Sex: Male Female Height: Weight: Weight:
Name of Spouse:	Birthdate:
No. of Dependent Children: Birthdate of Youngest:	-
Did you receive a Certificate of Insurance? Yes No  Brochure? Yes No If no, please conta	ct your employer to obtain a copy.
2. EMPLOYMENT	
Name of Employer:	Group Policy No.:
Address: City:	State: Zip Code:
Phone No.: ()	-
State your job title and describe your duties at work:	
I was distributed as I was a facility and a second as I was a facility as I was a faci	
<del>-</del> ,	
Last full day at work:	
Date you became unable to work at your occupation as a result of disability:	
Are you now or have you worked at your occupation or any other occupation since the date of you	
If yes, list names of employers, addresses, telephone numbers, and dates of employment	
Are you self-employed at any activity?	
Date you resumed part-time work: Work Phone: (	) Extension:
Date you resumed full-time work: Work Phone: (	)Extension:
3. SICKNESS Please list all illnesses which contribute to your being unable to work at your	occupation.
Illness:	
State what you believe caused your illness:	Date First Noticed
outo what you believe caused your limess.	
Describe your symptoms:	
Have you ever had the same condition or a related illness before?	Date

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# Long Term Disability Benefits Employee's Statement

. INJURY					
Describe Injuries:					
Cause of Injuries:					
Time, Date and Location	n of Injuries:				
5. PREGNANCY					
Flease illulcate ally lore	seeable complications	:			
. ATTENDING I	PHYSICIAN List	all physicians consulted for this injury or i	llness. Use separate sheet, if nee	eded.	
Physician's Name:		Specialty:		Phone No.: (	)
Street Address:				_ Fax No.: (	)
City:				_ State:	Zip Code:
Date First Consulted for	r this injury or illness: _		_ Date Last Consulted:		
Physician's Name:		Specialty:		_ Phone No.: (	)
Street Address:				_ Fax No.: (	)
City:				_ State:	Zip Code:
Date First Consulted for	this injury or illness:		Date Last Consulted:		
Physician's Name:		Specialty:		_ Phone No.: (	)
Street Address:				_ Fax No.: (	)
City:				_ State:	Zip Code:
Date First Consulted for	this injury or illness:		_ Date Last Consulted:		
. HOSPITAL If yo	ou were hospitalized fo	or this condition, please complete. Please a	ttach copy of hospital bill if avo	nilable.	
Hospital Name:			Address:		
From:	through:	Reason for hospitalization:			
From:	through:	Reason for hospitalization:			
. HISTORY List a	ll illnesses or Injuries j	for which you have received treatment over	the past five years. Use separa	te sheet if needed.	
Ailment	Date	Physician's Name	Co	omplete Address	

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#### 9. DEDUCTIBLE INCOME/BENEFITS FROM OTHER SOURCES

Your Group Disability plan is designed so that the income you receive from The Standard Life Insurance Company of New York and other sources (e.g., Social Security, Worker's Compensation, retirement system, and other income or benefits as described in your Group Policy as deductible income or benefits) combined will provide you with a percentage of predisability earnings, as defined in your Group Policy. Please review your Group Policy to determine how receipt of or eligibility for deductible income or benefits may impact your disability benefits. Please review your obligation to keep The Standard Life Insurance Company of New York informed of your application for and receipt of deductible income or benefits. Additionally, your Group Policy may allow The Standard Life Insurance Company of New York to reduce your disability benefit by estimated deductible income or benefits you are eligible to receive even if you have not applied for them. If your Group Policy states that Social Security benefits will be "deemed payable" even if not received, we will deduct from your disability benefit an estimated Social Security benefit for you and your dependents, based on your Social Security wage record. Please also understand that when deductible income or benefits are awarded you may receive a retroactive award (earlier date) and payment. This retroactive payment may result in an overpayment of your disability benefits because you would receive deductible income or benefits for a period during which you already have received disability benefits from The Standard Life Insurance Company of New York.

Have you applied for or are you receivin benefits from:	ıg							Effective Date	
a. Social Security									
b. Workers' Compensation									
c. State Disability Insurance									
d. Retirement or Pension (Employer, PERS, ST	TRS, PER	RA, etc.)							
Please specify type									
e. Other									
(e.g., unemployment or union benefits, e									
Please send copies of any letters or not	tices ap	provin	g or denying ben	etits.					
10. VOCATIONAL Complete the fo	ollowing	g and/o	r attach a resume.						
Education level	Yes	No	If no, last grade	attende	ed.				
Grade School Graduate									
High School Graduate									
GED									
College Graduate			Degree		Major				
Post Graduate			Degree		Major				
Have you attended any trade schools or re  Work Experience: Complete the followin				□ Ye		o If yes, pleas	e describe.		
Job Title & Employer			Dates of Employn	nent		Dut	ties		Last Salary
1.		From To:	:						
2.		From To:	:						
3.		From To:	:						
4.		From To:	:						
5.		From To:	:						
Acknowledgement  Any person who knowingly and v statement of claim containing any material thereto, commits a frauc thousand dollars and the stated va	mater dulent	ially fa t insui	alse informationance act, whi	n, or ch is	conceal a crime	s for the purpose , and shall also	e of misleading,	information co civil penalty r	oncerning any fac
JIGINAI ONE							DA	IL.	

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#### I AUTHORIZE THESE PERSONS having any records or knowledge of me or my health:

- Any physician, medical practitioner or health care provider.
- Any hospital, clinic, pharmacy or other medical or medically related facility or association.
- Any insurance company.
- Any employer or plan sponsor.
- Any organization or entity administering a benefit program.
- Any educational, vocational or rehabilitational organization or program.
- Any consumer reporting agency, financial institution, accountant, or tax preparer.
- Any government agency (for example, Social Security Administration, Public Retirement System, Railroad Retirement Board, etc.).

#### TO GIVE THIS INFORMATION:

- Charts, notes, x-rays, operative reports, lab and medication records and all other medical information about me, including
  medical history, diagnosis, testing and test results. Prognosis and treatment of any physical or mental condition, including:
  - Any disorder of the immune system, including HIV, Acquired Immune Deficiency Syndrome (AIDS) or other related syndromes or complexes.
  - Any communicable disease or disorder.
  - Any psychiatric or psychological condition, including test results, but excluding psychotherapy notes. Psychotherapy notes do not include a summary of diagnosis, functional status, the treatment plan, symptoms, prognosis and progress to date.
  - Any condition, treatment, or therapy related to substance abuse, including alcohol and drugs.

#### and:

• Any non-medical information requested about me, including such things as education, employment history, earnings or finances, or eligibility for other benefits (for example, Social Security Administration, Public Retirement System, Railroad Retirement Board, claims status, benefit amounts and effective dates, etc.).

#### TO THE STANDARD LIFE INSURANCE COMPANY OF NEW YORK (THE STANDARD).

- I acknowledge that any agreements I have made to restrict my protected health information do not apply to this authorization and I instruct the persons and organizations identified above to release and disclose my entire medical record without restriction. I understand that The Standard will use the information to determine my eligibility or entitlement for insurance benefits.
- I understand and agree that this authorization shall remain in force throughout the duration of my claim for benefits with The Standard. I understand that I have the right to refuse to sign this authorization and a right to revoke this authorization at any time by sending a written statement to The Standard, except to the extent it has been relied upon to disclose requested records. A revocation of the authorization, or the failure to sign the authorization, may impair The Standard's ability to evaluate or process my claim and may be a basis for denying my claim for benefits.
- I understand that in the course of conducting its business, The Standard may disclose to other parties information it has about me. The Standard may release this information about me to a reinsurer, a plan administrator, or any person performing business or legal services for The Standard in connection with my claim.
- I understand that The Standard complies with state and federal laws and regulations enacted to protect my privacy. I also understand that the information disclosed to The Standard pursuant to this authorization may be subject to redisclosure with my authorization or as otherwise permitted or required by law. (Disability coverage is not subject to the Privacy Rules of the Health Insurance Portability and Accountability Act [HIPAA] and therefore the release of information to The Standard is not protected under the Act.)
- I acknowledge that I have read the authorization and the state variations (*if applicable*) on page 6. A photocopy or facsimile of this authorization is as valid as the original and will be provided to me upon request.

Name (please print)	Social Security No.
Signature of Claimant/Representative	Date

If signature is provided by legal representative (e.g., Attorney in Fact, guardian or conservator), please attach documentation of legal status.

This Authorization is a two-page document. Please see page 6 for additional terms and information. Both pages are part of the Authorization.

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### Long Term Disability Benefits Authorization to Obtain Information

Some states require us to provide the following information to you and to those persons and entities disclosing information about you:

#### FOR RESIDENTS OF MINNESOTA

This authorization excludes the release of information about HBV (Hepatitis B Virus), HCV (Hepatitis C Virus), or HIV (Human Immunodeficiency Virus) tests which were administered (1) to a criminal offender or crime victim as a result of a crime that was reported to the police; (2) to a patient who received the services of emergency medical services personnel at a hospital or medical care facility; (3) to emergency medical personnel who were tested as a result of performing emergency medical services. The term "emergency medical personnel" includes individuals employed to provide pre-hospital emergency services; licensed police officers, firefighters, paramedics, emergency medical technicians, licensed nurses, rescue squad personnel, or to other individuals who serve as volunteers of an ambulance service who provide emergency medical services; crime lab personnel, correctional guards, including security guards, at the Minnesota security hospital, who experience a significant exposure to an inmate who is transported to a facility for emergency medical care; and other persons who render emergency care or assistance at the scene of an emergency, or while an injured person is being transported to receive medical care and who would qualify for immunity under the good samaritan law.

#### FOR RESIDENTS OF NEW MEXICO

The state of New Mexico requires us to provide you with the following information pursuant to its Domestic Abuse Insurance Protection Act.

The accompanying Authorization to Obtain Information allows The Standard Life Insurance Company of New York to obtain personal information as it determines your eligibility for insurance benefits. The information obtained from you and from other sources may include confidential abuse information. "Confidential abuse information" means information about acts of domestic abuse or abuse status, the work or home address or telephone number of a victim of domestic abuse or the status of an applicant or insured as a family member, employer or associate of a victim of domestic abuse or a person with whom an applicant or insured is known to have a direct, close personal, family or abuse-related counseling relationship. With respect to confidential abuse information, you may revoke this authorization in writing, effective ten days after receipt by The Standard, understanding that doing so may result in a claim being denied or may adversely affect a pending insurance action.

The Standard is prohibited by law from using abuse status as a basis for denying, refusing to issue, renew or reissue or canceling or otherwise terminating a policy, restricting or excluding coverage or benefits of a policy or charging a higher premium for a policy.

Upon written request you have the right to review your confidential abuse information obtained by The Standard. Within 30 business days of receiving the request, The Standard will mail you a copy of the information pertaining to you. After you have reviewed the information, you may request that we correct, amend or delete any confidential abuse information which you believe is incorrect. The Standard will carefully review your request and make changes when justified. If you would like more information about this right or our information practices, a full notice can be obtained by writing to us.

If you wish to be a protected person (a victim of domestic abuse who has notified The Standard that you are or have been a victim of domestic abuse) and participate in The Standard's location information confidentiality program, your request should be sent to the same address above.

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#### I AUTHORIZE THESE PERSONS having any records or knowledge of me or my health:

- Any physician, medical practitioner or health care provider; and
- Any hospital, clinic, or other medical or medically related facility or association.

#### TO GIVE THIS INFORMATION:

Notes recorded by a health care provider who is a mental health professional documenting or analyzing the contents of conversation(s) during a private counseling session or a group, joint, or family counseling session and that are separated from the rest of my medical record.

#### TO THE STANDARD LIFE INSURANCE COMPANY OF NEW YORK (THE STANDARD).

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- I understand and agree that this authorization shall remain in force throughout the duration of my claim for benefits with The Standard. I understand that I have the right to refuse to sign this authorization and a right to revoke this authorization at any time by sending a written statement to The Standard, except to the extent it has been relied upon to disclose requested records. A revocation of the authorization, or the failure to sign the authorization, may impair The Standard's ability to evaluate or process my claim and may be a basis for denying my claim for benefits.
- I understand that in the course of conducting its business, The Standard may disclose to other parties information it has about me. The Standard may release this information about me to a reinsurer, a plan administrator, or any person performing business or legal services for The Standard in connection with my claim.
- I understand that The Standard complies with state and federal laws and regulations enacted to protect my privacy. I also understand that the information disclosed to The Standard pursuant to this authorization may be subject to redisclosure with my authorization or as otherwise permitted or required by law. (Disability coverage is not subject to the Privacy Rules of the Health Insurance Portability and Accountability Act [HIPAA] and therefore the release of information to The Standard is not protected under the Act.)
- I acknowledge that I have read the authorization and the state variations (if applicable) on page 8. A photocopy or facsimile of this authorization is as valid as the original and will be provided to me upon request.

Name (please print)	Social Security No.
Signature of Claimant/Representative	Date

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The Standard is prohibited by law from using abuse status as a basis for denying, refusing to issue, renew or reissue or canceling or otherwise terminating a policy, restricting or excluding coverage or benefits of a policy or charging a higher premium for a policy.

Upon written request you have the right to review your confidential abuse information obtained by The Standard. Within 30 business days of receiving the request, The Standard will mail you a copy of the information pertaining to you. After you have reviewed the information, you may request that we correct, amend or delete any confidential abuse information which you believe is incorrect. The Standard will carefully review your request and make changes when justified. If you would like more information about this right or our information practices, a full notice can be obtained by writing to us.

If you wish to be a protected person (a victim of domestic abuse who has notified The Standard that you are or have been a victim of domestic abuse) and participate in The Standard's location information confidentiality program, your request should be sent to the same address above.

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# Long Term Disability Benefits Attending Physician's Statement

Full Name:		Social Sec	urity No.:	
Other Names Used:				
Address:		City:	State	: Zip Code:
Phone No.: ( )				
Occupation:				
returned to work: Date				
ART B. TO BE COMPLETED BY PHYSICL		Texpect to return to w	VOIK. Date	
DEAR DOCTOR: The purpose of this form is to help use include laboratory data surgical reports, hospital admitting history, physician differential is responsible for the completion of this	is determine whe and results of sp ischarge summar	ecial tests (X-rays, CAT sca ies, chart notes, and narrat	in, EKĠ, etc.). Plea tive reports.	se attach copies of any pertir
INFORMATION				
Primary Diagnosis: ICD Code ()				
Secondary Diagnosis: ICD Code ()				
Other diagnoses and ICD Codes related to this claim:				
Symptoms:				
Patient's Height: Weight:	BP:	BP:		Pulse:
s condition primarily related to:		Right arm	Left arm	Radial
A. Patient's Employment  Yes No D. Mental Disorder Yes No D. Alcohol or Drug Condition Yes No D. Pregnancy Yes No		ominant Hand:	☐ Right	-
Para: Gravida:	_	ctual Delivery Date:		_
Complications:		Vaginal Caesarea	n Section	
HISTORY				
f patient was referred to you, indicate by whom:				
las patient ever had same or similar condition?	☐ No			
f yes, indicate when: Describe:				
Do, or have, other conditions contributed to this condition?	☐ Yes ☐ No	)		
Yes, please explain:				
Date patient first consulted you for <b>this</b> condition:		For <b>any</b> condition:		
Pates of subsequent treatment:				
Date of most recent visit:				
patient was hospitalized, please provide dates. Admitted:		Discharged:		
dmitting Diagnosis:		Discharge Diagnosis:		
Admitting Diagnosis:				

Return to The Standard Life Insurance Company of New York at the address above.

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## Long Term Disability Benefits Attending Physician's Statement

Claimant's Name:				
3. ASSESSMENT				
Date you recommended patient should stop working:		Why?		
Describe the patient's physical, mental and cognitive limits	ations and work activity	y limitations:		
How long from today's date will the described limitations in	mpair the patient?			
Is the patient competent to manage insurance benefits? If no, is the patient competent to appoint someone to help		e benefits?		
4. TREATMENT				
Planned course of treatment. (Please include expected du	iration, surgeries, thera	apy, etc.)		
Medications prescribed: dosage, frequency and date of pro-	escription(s).			
List other treating or referring physicians. (Continue on se	eparate page, if necess	sary.)		
NAME 1.		ADDRESS		
1.				
Phone No. ( )		City	State	Zip Code
2.				
Phone No. ( )		City	State	Zip Code
What reasonable work or job site modifications could the	employer make to assi	ist the individual to return to work? Please specify:		
Assessment and treatment are complicated by:  Malingering Significant emotional or behavioral disorder such as: Exaggeration, inconsistent findings, subjective compl Dependence on drugs/medication. Specify: Other (please describe):	aints out of proportion	to objective findings, bizarre or contradictory observ	ations.	
5. PROGNOSIS				
	Recovered	☐ Improved ☐ Unchanged ☐ Regress	sed	
When do you expect a fundamental or marked change in p	patient's condition?	☐ Never ☐ Condition expected to regress	Condition ex	xpected to improve
State anticipated date:	or, Unable to determin	e, follow up in: months		
When do you anticipate the patient can return to work?	•			
Remarks:			follow up i	n: months
Acknowledgement Any person who knowingly and with intent statement of claim containing any materially fact material thereto, commits a fraudulent in thousand dollars and the stated value of the or	false information nsurance act, whi	n, or conceals for the purpose of mislead ch is a crime, and shall also be subject to	ing, informat	ion concerning any
Physician's Signature			Date	
Physician's Name (Please Print)			Specialty	
Address		City S	State Zi	p Code
Physician's Taxpayer ID No		Phone No. ( ) F	ax No. ()	

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# Long Term Disability Benefits Employer's Statement

1. EMPLOYEE					
Name of Employee:					
Address:		_ City:		State:	_ Zip Code:
Job Title:		_ Class:	☐ Faculty/Teacher	☐ Technical/Professional	Administration
Job Classification:		_	Maintenance	Secretarial/Clerical	Other:
Phone No.: ()	Date Employed:		Socia	al Security No.:	
2. INFORMATION					
			7.5		
Date employee's LTD coverage became effective					
				State:	_ Zip Code:
Was employee given a Certificate?  Was employee insured under previous LTD Carri		Don't kr	now e Date		
·					
Employee's Medical Insurance carrier:				P. I.P.	
Phone No.: ()		_	Effective date for me	edical insurance:	
Employee's status on date disability commenced Actively at Work? Yes No If no				Number of h	nours worked per week:
Last day of work before disability commenced:					
Number of hours worked this day:					
Have you considered allowing the claimant to work					
or worksite? Yes No If yes, what al	•		•	, , , ,	( , , , , , , , , , , , , , , , , , , ,
What is the employee's year-to-date retirement p					
Are the employee's contributions vested?					
Is disability caused or contributed to by employm		Undete			
Has employee filed a Workers' Compensation cla Workers' Compensation Carrier Name:		_			Data of Injury
Address:		-			Zip Code:
Phone No.: ()					
Is employment now terminated?			nent scheduled for tern	nination?	
Reason:	Da	ate of terr	mination:		
3. SALARY AT TIME OF DISABILI	TY Please check only one box	х.			
☐ Basic Monthly Earnings Monthly rate \$		_ □	Basic Weekly Earning	s Weekly rate \$	
☐ Basic Yearly Earnings Annual rate \$		_ 🗆	Basic Hourly Earnings	Hourly rate \$	
☐ Basic Contract Earnings Contract amou	nt \$	Ler	ngth of contract		
Commissions (Please attach list of commission	ons paid for the period specified	d in your	Group Policy.)		
☐ Shift Differential ☐ Bonuses					
Date of last increase:	Earnings prior to incre	ase:	\$ p	er Effective da	te:
4. COMPENSATION FOR PERIOR	O AFTER DISABILITY	Y			
Туре	Last date through w	vhich pa	id or payable	Am	ount / Rate
Sick Pay/Salary Continuation					
Self-insured Short Term Disability					
Wages/salary, <u>earned after</u> disability					
Commissions, <u>earned</u> <u>after</u> disability					

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Prepared by: \_\_

Phone No.: ( \_\_\_\_

### Long Term Disability Benefits Employer's Statement

5. DEDUCTIBLE INCOME/BENEFITS F			)			
Is employee covered by or now receiving benefits from the following?	Yes No	Receiving Don't Yes No Know	Date of Application	Aı Weekly	mount Monthly	Effective Date
a. Social Security						
b. Workers' Compensation						
c. State Disability Insurance						
d. Retirement or Pension (Employer, PERS, STRS, PERA, etc.) Please specify:						
e. Other(e.g., unemployment or union benefits)						
6. LIFE INSURANCE						·
Was employee covered by Group Life Insurance with The  If yes, list policy number(s):  Date life insurance became effective:  Please attach original enrollment card.  Amount of Basic life insurance \$ Addition  Dependent's coverage?  Yes No If yes, [  IMPORTANT: Please continue payment of premiums u	nal/Optional \$ _	Supp		AD&D \$_		
7 TAX INFORMATION						
Employer's Federal Tax I.D. Number:						
Railroad Tier 1 taxes?	ntity) employer  Yes No Yes No		taxes? dicare taxes? ment Compensation	☐ Yes ☐ Yes taxes? ☐ Yes		
If subject to Social Security taxes what are the employee's	_		•			
Does this employee pay all or a portion of the premium for	r LTD insurance	e coverage?	□ No			
·	oloyee pay	%. % with "pre-tage		d		
* If yes, are employer paid premiums included in the emplo *IMPORTANT: Remember to calculate the premium co	oyee's salary?	☐ Yes ☐ No			ree year averagii	ng) rule.
8. ATTACHMENTS						
·	d. Income Fr	t or Election Form for om Other Sources (D curity, Workers' Comp	eductible Benefits) D	ocuments		
9. EMPLOYER REPRESENTATIVE COM	PLETING	THIS FORM				
Employer:			Phone No. :	_	Policy Number:	
Address:			City:		State:	Zip Code:
Acknowledgement Any person who knowingly and with intent statement of claim containing any materially fact material thereto, commits a fraudulent in thousand dollars and the stated value of the	false inform nsurance ac	nation, or concea t, which is a crim	ls for the purpo e, and shall also	se of misleadii	ng, informatio	on concerning ar
Signature:					Date:	

\_ Fax No.: ( \_\_\_\_\_